

HOSI PROFESSIONAL SERVICES

# AGILE FLEX



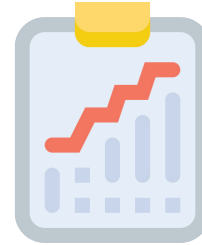
## THE FOCUS

No matter how skilled you are in any discipline of Project Management, if you cannot “read” people and communicate clearly you will always struggle as a project manager.

This is even more critical with Agile because the implementation speed leaves less time to build relationships and work on communication. **Agile Flex is Communication and Stakeholder Management – done quickly.**

## THE ELEMENTS

There are two elements to Agile Flex:



1. Agile Flex Assessment



2. Online Coaching

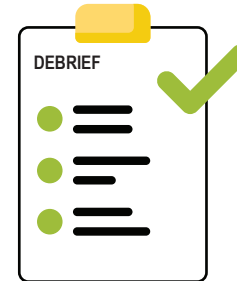
## ASSESSMENTS

This is a once-off assessment completed by each team member that helps to understand them, with insight into how they communicate and handle stressful situations.

This assessment is done before anyone joins a team for a Sprint. The report is sent to the scrum master and the Agile Flex coach.

## SPRINTS

Before each Sprint there is an online debrief with an Agile Flex coach to develop a Strategy for the Sprint.



## TRAINING

This is online training/coaching where the scrum master or project manager is taught the basic skills and tools of Agile Flex. This takes 10 hours.



## COST



## OUTCOMES

The most common outcomes are:

1. Better communication
2. Increased productivity
3. A clearer understanding of the strengths of each team member
4. Improved deadlines

## PROJECTS

**30% Process**  
**70% People**

**“There’s no shortage of remarkable ideas, what’s missing is the will to execute them.”**

**– Seth Godin**



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